



## From Jeffersons Table

By S. Howard Stockwell

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 118 pages. Dimensions: 10.0in. x 8.0in. x 0.3in. From Jeffersons Table is a collection of stories and recipes from eight fascinating generations descended directly from Thomas Jefferson at Monticello. The book covers American style cooking through the first 250 years of our country's remarkable evolution. A rare compilation of recipes, passed down from my Grandmothers and Mother, acted as impelling testimony to the value of culinary creativity as a comfort to family life through the inevitable crisis that challenge each generation. It was my own personal disaster that opened the door to a venue for Star Chefs, a popular Foodie Blog and this Cook Book. So many delicious recipes from each inspiring woman presented here made life a banquet in the middle of chaos with the bounty from her creative kitchen. There is a compelling quality about the enormous influence that Jefferson had on the style and function of the American experience. This cookbook brings forth the original source for many of our ideas about food direct from Monticello. The current captivation with healthy pure ingredients and vegetarian, even vegan, diets express a trend toward a more classical...



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