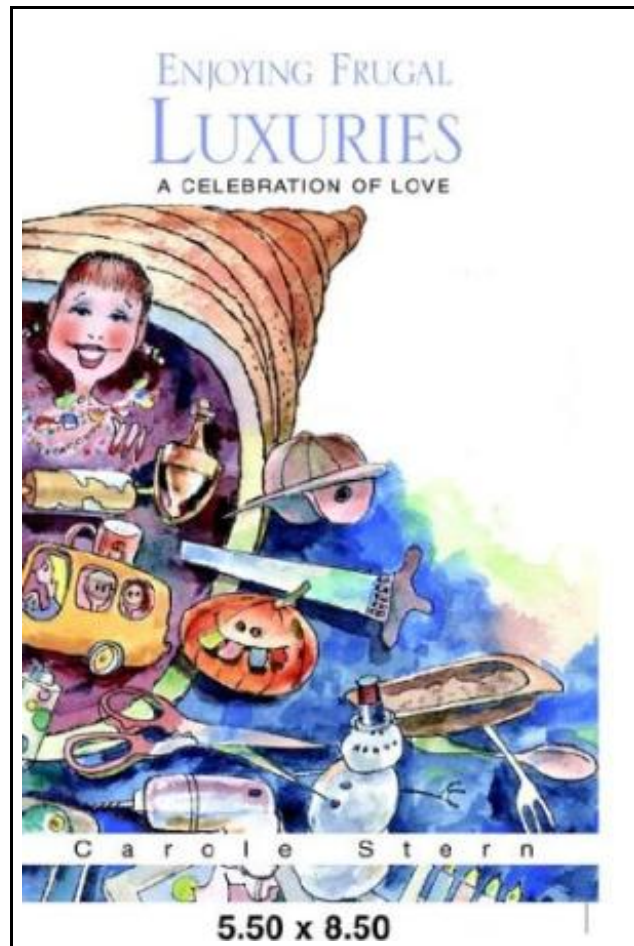


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Xlibris Corporation, United States, 2005. Hardback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.ENJOYING FRUGAL LUXURIES Today with an overload of media hype in the form of TV, books and magazines, it is easy to be confused by such a wide range of choices. Madison Avenue has spent millions of dollars telling us how to dress, decorate, and entertain. Their refrain is always the same. Bigger, faster, newer is always better. We are all told to trade in, trade up. As a result we lose confidence in ourselves and in our ability to make realistic choices. The constant emphasis on money and acquisition leaves us with a sense of insecurity and a loss of our authentic self. Instead we need to focus on what truly pleases us instead of what we are told we should want. Enjoying Frugal Luxuries is about how to be pleased with much of what you already own, which does not mean making do, but instead making better. With a little care and special attention, many things can be transformed into something new and lovely. This is a lifestyle book for women like me who want to simplify their lives and live with their own personal style. The book is organized as a journey through the year, beginning in January and ending in December. But whenever you receive this book just sit back and enjoy it. Do go back and read the January chapter because this begins your journey by creating a special place for you, a retreat from the world in which to read, write, sew, paint, to contemplate and create. I believe this is something that every woman needs and should have. In this chapter you will also learn how to schedule some time...



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