



## Backpacking North Carolina: The Definitive Guide to 43 Can't-Miss Trips from Mountains to Sea

By Joe Miller, Mark DiPaolo

The University of North Carolina Press. Paperback. Book Condition: new. BRAND NEW, Backpacking North Carolina: The Definitive Guide to 43 Can't-Miss Trips from Mountains to Sea, Joe Miller, Mark DiPaolo, Joe Miller brings us the first-ever stand-alone guidebook to backpacking in North Carolina, a state long known as a terrific backpacking destination.

Covering 43 of the best trips the state has to offer, "Backpacking North Carolina" provides all the information necessary for beginning and experienced backpackers alike to enjoy hiking destinations from the mountains to the coast.

Each trip description offers key maps and navigation information, including water sources and camping spots, as well as trip highlights and special considerations. Miller offers tips for enriching the experience, such as filling dark nights with stargazing and other activities, and gives advice for backpacking with children. Offering his expertise in a way that emphasizes the accessibility of backpacking, Miller encourages a wide range of nature lovers to give it a try, perhaps for the first time. Several "best-of" lists are included, featuring trips with exceptional nature study opportunities, water recreation, and easy excursions for beginners. "Backpacking North Carolina" takes the reader deep into a state full of natural wonder and adventure. "Backpacking...

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