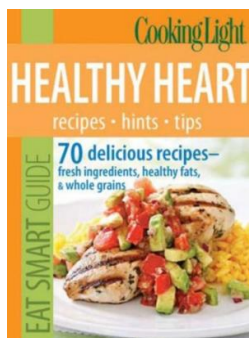


Cooking Light Eat Smart Guide: Healthy Heart: 70 delicious recipes--Fresh Ingredients, Healthy Fats & Whole Grains



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