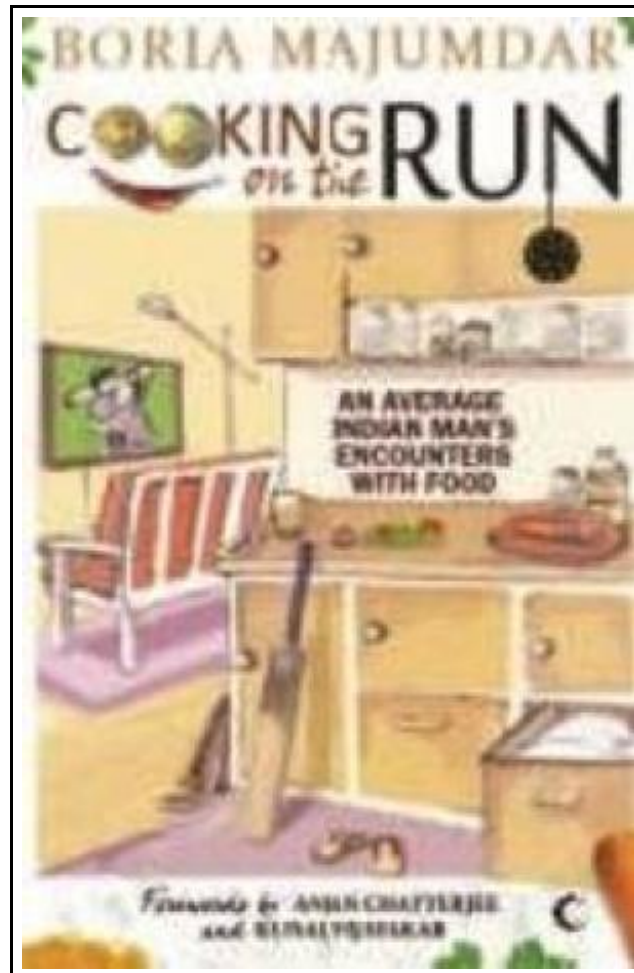


## Cooking on the Run: An Average Indian Mans Encounters with Food



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HarperCollins Publishers India Ltd., Noida, India, 2012. Soft cover. Book Condition: New. Need a compass to find your way around the kitchen? Need your mum to help you fry an egg? Then Cooking on the Run is for you. It has all the crucial cooking tips you need to survive - easy shortcuts to a scrumptious meal, in minimal time, without too much effort. Learn how to whip up a basic vegetable stew. Master the complexities of the chicken biriyani. Even serve up traditional Indian desserts like kheer kamla or semaiyar payesh. There are recipes both traditional, like the mouth-watering aloo posto, and innovative, such as the pumpkin prawn and 'jumble' rice. Sports historian, journalist and writer Boria Majumdar writes about his hilarious adventures while navigating the treacherous culinary route, and discovering the joy and empowerment that comes with cooking. This is the ultimate clueless-Indian-man-evolves story. And who better than Boria to dole out useful tips on how to juggle a hectic lifestyle and long work hours in a foreign country, and still manage to eat healthy ghar ka khana? A must-have manual for every Indian man who's living his life on the run. Page Extent: 192.



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